

## John 15:5 (NASB)

<sup>5</sup> I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing.

- Abide: to stay, remain constant or even wait expectantly.
- He is the source. We get our life from Him
- Without Him we produce nothing.

- Potter/Clay-Do you believe I'm good? Will you obey me?
- Sheep/Shepherd-Do you trust me? Will you follow me?
- Master/Servant-Will you serve me?
- Father/Child-Will you let me heal you? Will you let speak identity to you?
- Friend/friend-Do you know me? Will you join me?
- Lover/Beloved (Bride/Groom)-Do you love me?

## Psalm 13 (NIV)

- <sup>1</sup> How long, Lord? Will you forget me forever? How long will you hide your face from me?
- <sup>2</sup> How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?
- <sup>3</sup> Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death,
- <sup>4</sup> and my enemy will say, "I have overcome him," and my foes will rejoice when I fall.

## Psalm 13 (NIV)

- <sup>5</sup> But I trust in your unfailing love; my heart rejoices in your salvation.
- <sup>6</sup> I will sing the Lord's praise, for he has been good to me.

John 15:7 (NASB)

<sup>7</sup> If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you.

- Stop and Breathe
  - Be still and know that I'm God.
  - "ceasing of striving"

- Recognize that nothing, absolutely nothing that really matters or that is really worth doing – can be done by you in your own strength
  - "I am the vine, you are the branches; he who abides in Me, and I in him, He bears much fruit; for apart from Me you can do nothing." (John 15:5)
  - Unless God has directed it, initiated it, unless He is the power behind it, all that I'm doing will not matter.

- Breathe again
  - Rest in Him, Ask God where to go next.
- Listen and center yourself on God's heart and will for the moment and situation
  - "Since we live by the Spirit, let us keep in step with the spirit" (Gal. 5:26)
  - Ask the Lord for wisdom to discern His will

- Recognize, you can lose nothing while abiding in God – That He has not already ordained for you to lose
  - "For to live is Christ and to die is gain." (Phil. 1:21-22)
  - "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God" (Phil 4:6)
  - Release Fear and Worry

- Enjoy the fact that you find yourself in such good hands
  - "Because you are sons, God sent the Spirit of his Son into our hearts, the Spirit who calls out, 'Abba, Father'. So you are no longer a slave, but a son; and since you are a son, God has made you also an Heir" (Gal. 4:6-7)

- Do not ask, "What should I do?" but rather ask, "How does what I want to do or am tempted to do somehow keep me safe, please people, worship approval, or merely tell somewhat what they want to hear?"
  - "You shall have no other gods before me." (Exodus 20:3)
  - Ask yourself, "What are my motivations?"

- 1. Stop and Breathe (Ps. 46:10)
- 2. Recognize that nothing, absolutely nothing that really matters or that is really worth doing can be done by you in your own strength (John 15:5)
- 3. Breathe again
- 4. Listen and center yourself on God's heart and will for the moment and situation (Gal. 5:26)
- 5. Recognize, you can lose nothing while abiding in God That He has not already ordained for you to lose (Phil. 1:21-22, 4:6)
- 6. Enjoy the fact that you find yourself in such good hands (Gal. 4:6-7)
- 7. Do not ask, "What should I do?" but rather ask, "How does what I want to do or am tempted to do somehow keep me safe, please people, worship approval, or merely tell somewhat what they want to hear?" (Ex. 20:3)
- 8. Recognize that by doing that, you are striving and not abiding.
- 9. Trust that whatever I may move you to do or not to do is the wisest and safest plan for your life.
- 10.If I do not speak, do nothing. Abide