





How do I change my spouse?



The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

-John 10:10 (ESV)

"31 "Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh." 32 This mystery is profound, and I am saying that it refers to Christ and the church.

"Most often big conflicts arise when we try to change the other person's feelings, attitudes, behaviors, choices or values".

WHEN TO SAY YES HOW TO SAY NO

TO TAKE CONTROL OF YOUR LIFE

BOUND ARIES

1. Feelings

- 1. Feelings
- 2. Desires

And he said to him, "Teacher, all these I have kept from my youth." 21 And Jesus, looking at him, loved him, and said to him, "You lack one thing: go, sell all that you have and give to the poor, and you will have treasure in heaven; and come, follow me." 22 Disheartened by the saying, he went away sorrowful, for he had great possessions.

Mark 10:20-22 (ESV)

"Boundaries should be set in love"



- 1. Feelings
- 2. Desires
- 3. Limits

Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.

- 1. Feelings
- 2. Desires
- 3. Limits
- 4. Laws

Situation	Before Boundaries	After Boundaries
YELLING	"Stop yelling at me. You need to be nicer"	"I want right relationship with you but when you continue to yell, I don't feel safe to communicate with you, so if you continue to yell I'm going to leave for awhile until you can calm down."
DRINKING	"You have to stop drinking. It's ruining our family. Please listen. You're wrecking our lives."	"You may choose to not deal with your drinking if you want. But I will not continue to expose myself and the children to this chaos. The next time you are drunk, we will go to my parents for the night and tell them why we are there.
PORNOGRAPHY	"You are a pervert to look at pornography. That's so degrading. What kind of sick person are you	"I will not choose to share you sexually with naked people in magazines. If you would like be with me intimately you need to seek help with your addiction.



