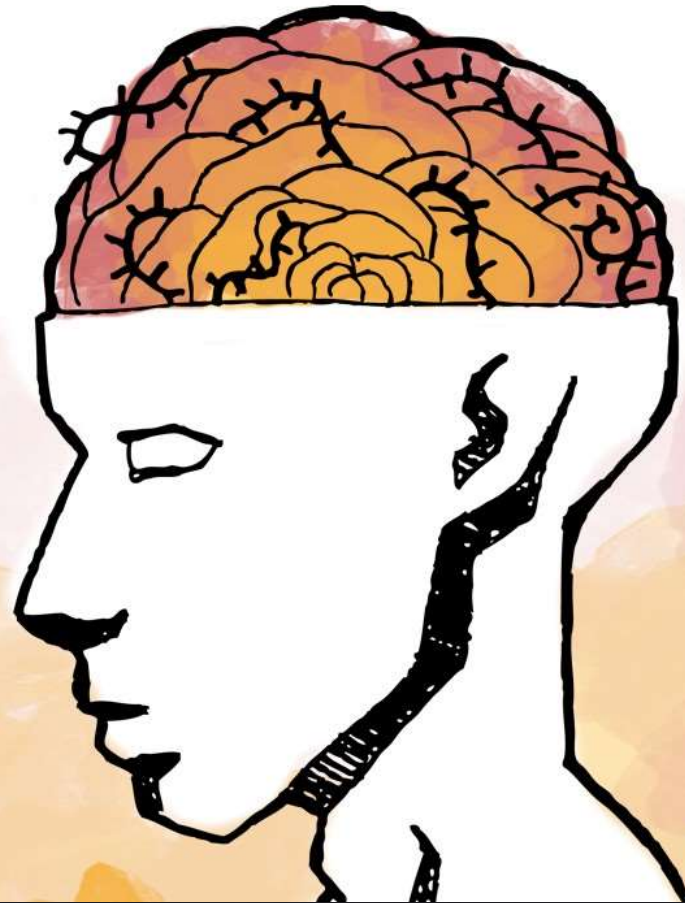




# cognitive dissonance



# Cognitive Dissonance:

the mental discomfort experienced by a person who simultaneously holds two or more contradictory beliefs

# Cognitive Dissonance Experiment















# LIONS CAMP HORIZON



Physical symptoms of  
cognitive dissonance:

Dizziness  
Headaches  
Poor Sleep  
Stress  
Depression  
Anxiety



“A double minded man is unstable in all his ways.” – James 1:8

Before the truth  
can set you free  
you need to  
recognize which  
**false belief**  
is holding  
you hostage.

# Scriptural Use of Cognitive Dissonance

“Blessed are the meek, for they shall inherit the earth.” – Matthew 5:5

“So the last will be first, and the first will be last.” – Matthew 20:16

“Whoever tries to keep their life will lose it, and whoever loses their life will preserve it.” – Luke 17:33

“Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being.”  
– Philippians 2:6-7

# Freedom Through Boundaries

A Modern Perspective:

To follow Christ is to constrain who you really are. It is a suppression of want, identity, and freedom. To submit to these teachings will not bring abundance. It will not give life.

# Freedom Through Boundaries

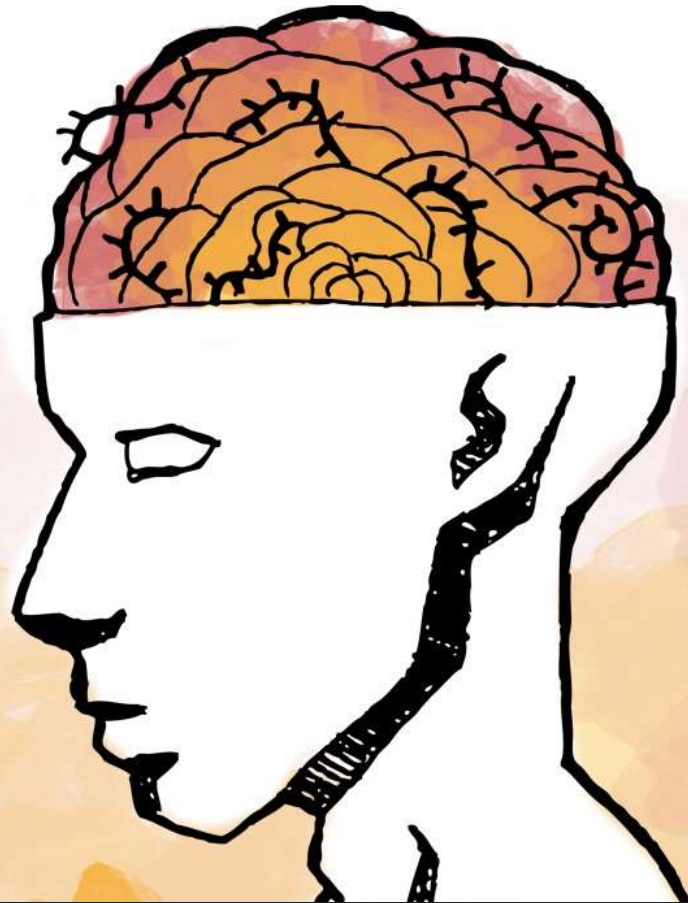
## A Biblical Perspective:

“I have come that they may have life, and that they may have *it* more abundantly.” – John 10:10

“So Christ has truly set us free. Now make sure that you stay free, and don’t get tied up again in slavery to the law.” – Galatians 5:1



# cognitive dissonance



“If you hold to my teaching,  
you are really my disciples.  
Then you will know the truth,  
and the truth will set you free.”

- John 8:31-32



# THE ABYSS

“We look for light but find only darkness. We look for bright skies but walk in gloom. We grope like the blind along a wall, feeling our way like people without eyes.” - Isaiah 59:9-10

# THE LIGHT



“...the morning light from heaven is about to break upon us, to give light to those who sit in darkness and in the shadow of death, and to guide us to the path of peace.” – Luke 1: 78-79



“God's light came into the world, but people loved the darkness more than the light, for their actions were evil.” – John 3:19

AND WE KNOW THAT GOD CAUSES  
*all things* to work together for good

TO THOSE WHO LOVE GOD

to those who are called according to *His purpose.*

ROMANS 8:28

# cognitive dissonance

PART 2

